

DBC Eco Church Newsletter

September 2021

Welcome to our monthly Newsletter.



What is Organic September?

Organic September is a month-long campaign, run by the Soil Association, which aims to raise awareness of Organic products, and the brands, producers and farmers who bring them to us, as well as the many benefits Organic farming offers, including:

- Supporting biodiversity and wildlife
- Helping to combat climate change
- The highest standards of animal welfare
- Reduced exposure to pesticides
- Food as it should be, and food you can trust

In the face of climate change, diet related ill-health and widespread decline in wildlife, the need to change our food systems has never been greater. The way we farm and eat can make a world of difference.

Did you know Organic Farms have 50% more bees, butterflies and other pollinators.

In a post-lockdown world, more and more of us are becoming conscious shoppers, seeking options which minimise our impact on the planet and the people and wildlife who call it home. Shopping organic is one of the many

ways to do your bit! There are so many ways to get involved, and so many wonderful Organic products on the market - there's never been a better time to be a part of the Organic movement!

Get Involved in Organic September

Getting involved with organic is easy – and what better time to think more deeply about it, than Organic September? Here are just a few ideas of how you can get involved in the movement:

- Knowledge is power. Get to what organic agriculture really means and why it matters.
- Spread the love for Organic; share your knowledge with friends and family.
- Turn your own garden organic - use peat-free compost, and learn how to attract pollinators and utilise organic pest control.
- Recognise your power as a consumer. How and where you spend your money on food and essentials is more powerful than you could ever imagine. Making even just one simple swap to an Organic product is a step in the right direction!

For more information check out the Soil Association Web Site

www.soilassociation.org/whyorganic



Eco Tip From A Rocha UK - Remember wildlife this September. Cooler temperatures, darker

evenings, falling leaves, Autumn is fast approaching! There are a number of things that we can do to provide food and shelter for wildlife, now and in preparation for next year.

- Resist the temptation to clear up your garden; allow vegetation to die back naturally and leave seedheads, especially on plants such as teasels, thistles and sunflowers. This provides food and shelter for birds through the coldest months.
- Don't totally cut back your perennial plants but trim them instead and leave plenty of foliage at or near ground level for insects and birds. Piling up leaves and other vegetation to create an open compost heap could provide the perfect hibernation spot too.
- Clean all your bird feeders to avoid the spread of disease to winter migrants and put up a nest box well in advance of breeding season. A nest box could also prove a cosy spot for small birds to spend the night on particularly cold winter evenings ahead.

- For early spring 2022 flowers, plant Alliums, daffodils, tulips, grape hyacinth, crocus, snakes head fritillary, and bluebells this Autumn. Other wildflower seeds which can all be sown now include: cowslip, chamomile, common knapweed, betony or meadow buttercup. Alternatively, you can buy a wildflower mix which includes all of these.



Bras for Africa

Sandra Herman is collecting good used bras for the above charity. She will be collecting up to mid-October. If you have any quality used bras please let Sandra have them in time to send.

DBC Freecycle

1. **Dartboard** condition good

2.. **Plastic greenhouse.** Metal frame and two reinforced plastic covers. You can walk in this one. It has four shelves--two each side ,and a sloping roof . I have grown cucumbers , peppers and tomatoes in it successfully. I now have a glass greenhouse again so no longer need it. There is some minor damage to the poles but they work fine. There is also some minor repairable damage to the covers but I used it last time with that damage and left it up for two years.

Anyone interested can text Dilys McCall on 07980071220 (EE reception unreliable for calls) or landline 0114 2890026.

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Collection of CD's of classical music. Contact Margaret Keen – 01246 416273 or 07835455940 for more details.

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For more information about DBC Eco Church Group contact Margaret Keen at margaret.keen@talk21.com
